

# **TRACK CLUB LOS ANGELES**

Head Coach: Eric Barron

Email: [eric@trackclubla.org](mailto:eric@trackclubla.org)

[www.trackclubla.org](http://www.trackclubla.org)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

How did you find out about **Track Club LA**? \_\_\_\_\_

Have you competed in college and/or in road races (e.g., 5K's, 10K's, marathons)?

\_\_\_\_\_

If so, what were your best performances?

\_\_\_\_\_

Please describe your current training, including any non-running activity:

\_\_\_\_\_

What are your running goals, both long and short-term?

\_\_\_\_\_

## **Track Club LA Membership Application Waiver**

I know that running and volunteering to participate in club activities are potentially hazardous activities. I will not enter and run in club activities unless I am medically able and properly fit. I assume all risk associated with running and volunteering to participate in club activities including but not limited to falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the running surface, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for membership, I waive and release Track Club LA, its coach and all sponsors, and their representatives and successors, from all claims and liabilities of any kind arising out of my participation in club activities even though that liability may arise out of negligence or carelessness on the part of persons named and/or released in this waiver.

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_