

### The Birth of a Track Club

The Knights of Columbus were founded in 1882. Exactly 114 years later, Track Club Los Angeles came into being. Much is known about the Knights; little about the origin of TCLA. This article redresses this inequity.

It was a sunny, summer day when Dave Afshartous approached Eric Barron as Barron was warming down on the UCLA track after a workout. Afshartous showed great temerity disturbing Barron's post-workout routine, but nerve is something Afshartous has never lacked. After some small talk and bonding over the fact that both men had run for college teams in the Boston area during the '80's, Afshartous mentioned that he was trying to start a track club. (Subsequent speculation that Afshartous' primary motivation for starting a club was that it would provide a good way to meet women has never been anything more than hearsay.) Barron, who had been doing track workouts alone for the past six years, was glad for the company.

Despite their best recruiting efforts, for the first several months, TCLA consisted of Afshartous, Barron, and Peter Kelly (now of San Francisco) meeting on a weekly basis at the Santa Monica High School track. Afshartous usually devised the workouts as he headed west on the 10 in his '66 Malibu convertible to the track. Eventually, a few other runners came into the fold (the next most senior current member being Peggy Sauve-Enriquez), and by mid-1997, TCLA had approximately 10 runners showing up for workouts.

That October, Afshartous sold out and accepted a job with Lucent Technologies in Naperville, Illinois. Accordingly, Barron, who because of injuries had been relegated to timing the group for a couple of months, took over the chore of preparing the workouts. Further, once he was healthy enough to run again, he chose to forgo running with the group so that he could coach the runners. This specialization of labor has apparently paid off well for the club, as it has now grown to over 50 members.

Other members worthy of mention in this historical review are Todd Carey, who helped with the design of the TCLA logo, and John Boscardin, who has shepherded the TCLA website since Afshartous' departure. Finally, keep yourselves in mind, for it is you who create tomorrow's history.

### UPCOMING RACES:

Sun, Sept 17. Alive and Running 5K/10K  
Sat, Sept 30. Santa Monica 5K  
Sun, Oct 8. Fila City Challenge 5K/10K  
Sun, Oct 15. Dolphin Run 10K  
Sun, Nov 12. Terry Fox 5K/10K  
Sat, Nov 18. Jet to Jetty 5K/10K

### Good Luck Fall Triathletes:

Stephanie Cahn, Shannon Whaley, and John Moraytis on Sun, Sept 17 at the Nautica Malibu race.

### Fall Marathoners (apologies if we've forgotten you!):

Sacramento, Oct 1 – Rab Brown  
St. George, Oct 7 – Jim Spear, Paul Anderson, Graylin Rogers, Andreas Kemkes, Jeff Brettler, Kim Brettler, Julie Espinosa  
Chicago, Oct 22 – Wenise Wong, Stephanie Cahn, Catherine Shields, Jennifer Sample, Mike Kukuchka, Ellen Kukuchka, Meshelle Osborne, Joe Lohmar  
Silicon Valley, Oct 29 – Tyrone Black, Paul Anderson, Dave Kent, Blair Tarr, Jerry Himmelberg  
Long Beach, Nov 12 – Peggy Sauve-Enriquez, Tim Petersen, Paul Anderson, Clarence Smith, Sharon Yamato  
NYC, Nov 5 – Angela Brunson, Ken Fancher

### ANNOUNCEMENTS:

- If you are interested putting your name in for the next TCLA cap order, contact [wenise@ucla.edu](mailto:wenise@ucla.edu).
- TCLA volunteerism has always been enthusiastic on Tuesdays; let's try to do something for our running community, too. We would like to provide 6-15 water station volunteers for the Jet to Jetty 5K/10K. The race benefits a youth counseling center in Venice. Details in November during pre-workout announcements.

**Welcome new members:** Carmela Bader, Darcie Beauvil, Jeff Brettler, Kim Brettler, Teresa Brobeck, Angela Brunson, Jonathon Cornelio, Dave Dougherty, Julie Espinosa, George Hernandez, Corinne Martin, David Mitchell, Derek Schmidt, David Silver, Clarence Smith, Mitchell Sonners, Joaquim Wettermark, and Robert York.

### Happy Birthday to:

Blair Tarr, Sept 5; Eric Barron, Sept 7; Masami Fukuhara, Sept 9; Claudia Prada, Sept 23; Julie Espinosa, Sept 27; David Dougherty, Oct 17; Paul Scott, Oct 21; Kelly Smith, Nov 6; Clarence Smith, Nov 9; J.F. Finn, Nov 26; Shannon Whaley, Nov 30

### TRACK & FIELD, TRIATHLON, AND MARATHON SELECTED HIGHLIGHTS ON TV FOR SYDNEY 2000 (NBC):

Check <http://espn.go.com/oly/summer00/s/2000/0831/713984.html> for complete schedule

Sat, Sept 16 – 7pm-12m – Women's Triathlon  
Sun, Sept 17 – 7pm-12m – Men's Triathlon  
Fri, Sept 22 – 7pm-12m – Men's and Women's 100 Quarterfinals, Men's Shot Put Finals  
Sat, Sept 23 – 7pm-12m – Finals: Women's 100, Men's 100, Men's Javelin  
Sun, Sept. 24 – 10am-6pm – Women's Marathon; 7pm-12m – Men's 400 Semifinals, Finals: Men's High Jump, Women's Triple Jump, Men's Hammer Throw  
Mon, Sept 25 – 7pm-12m – Finals: Men's 400, Women's 400, Men's 110H, Women's 800, Women's 5000, Men's 10,000, Women's PV, Men's Discus, Men's Triple Jump  
Wed, Sept 27 – 7pm-12m – Finals: Women's 100H, Men's 800, Men's 400H, Women's 400H, Women's Discus, Women's 200 quarterfinal and long jump qualifying  
Thurs, Sept 28 – 7pm-12m – Finals: Women's 200, Men's 200, Men's Long Jump, Women's Shot Put, Decathlon conclusion  
Fri, Sept 29 – 7pm-12m – Finals: Women's Long Jump, Men's 1500, Men's Pole Vault, Men's 3000 Steeplechase, Women's Hammer Throw  
Sat, Sept 30 – 7pm-12m – Finals: Women's 4x100 Relay, Men's 4x100 Relay, Women's 1500, Women's 4x400 Relay, Men's 4x400 Relay, Men's 5000, Women's 10,000, Women's High Jump, Women's Javelin  
Sun, Oct 1 – 7pm-12m – Men's Marathon

Hood to Coast Relay Race, Oregon . August 25-26, 2000



Runners Off-Track or Runners on Crack?



Jacinda handing off to Brian



Finished! (Ellen , Mike, Natalie, Fiona, Brian)